

# Why do we sing?

December 8, 2017



# Some preliminaries

- ▶ Singing is a way to worship, but worship is much more than music
- ▶ Music has always been a part of our worship
- ▶ Singing is a command ...But why?
  - *Deuteronomy 31:19–22*
  - *Psalms 98:1, 4–6*
  - *Colossians 3:16*

# The big idea

- ▶ God designed music to combine biological, relational, and emotional qualities to help us connect with him and connect with his people

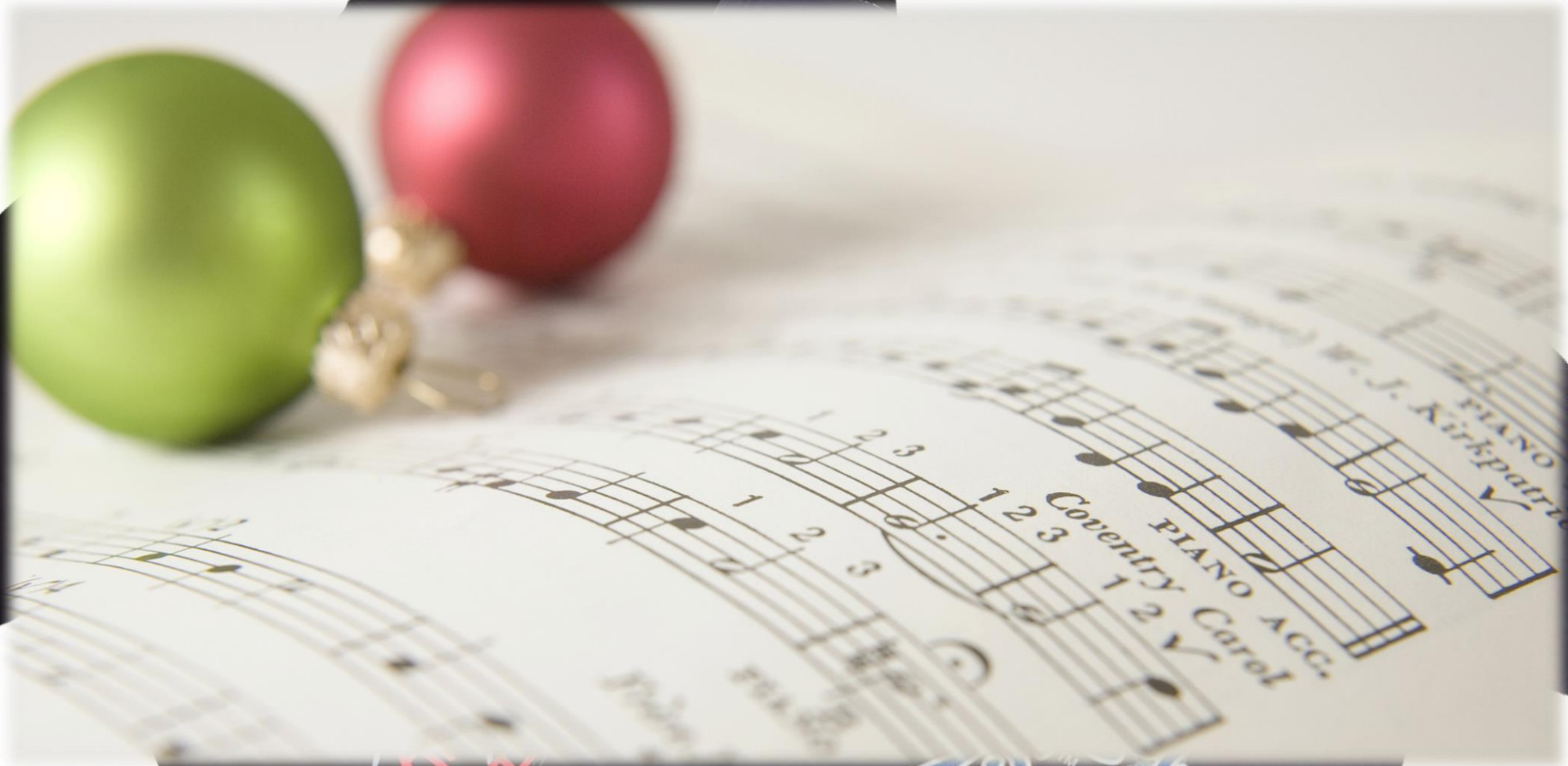
# Music does cool stuff to your brain

- ▶ It helps you focus
- ▶ It makes you participate
- ▶ It helps you process and store information

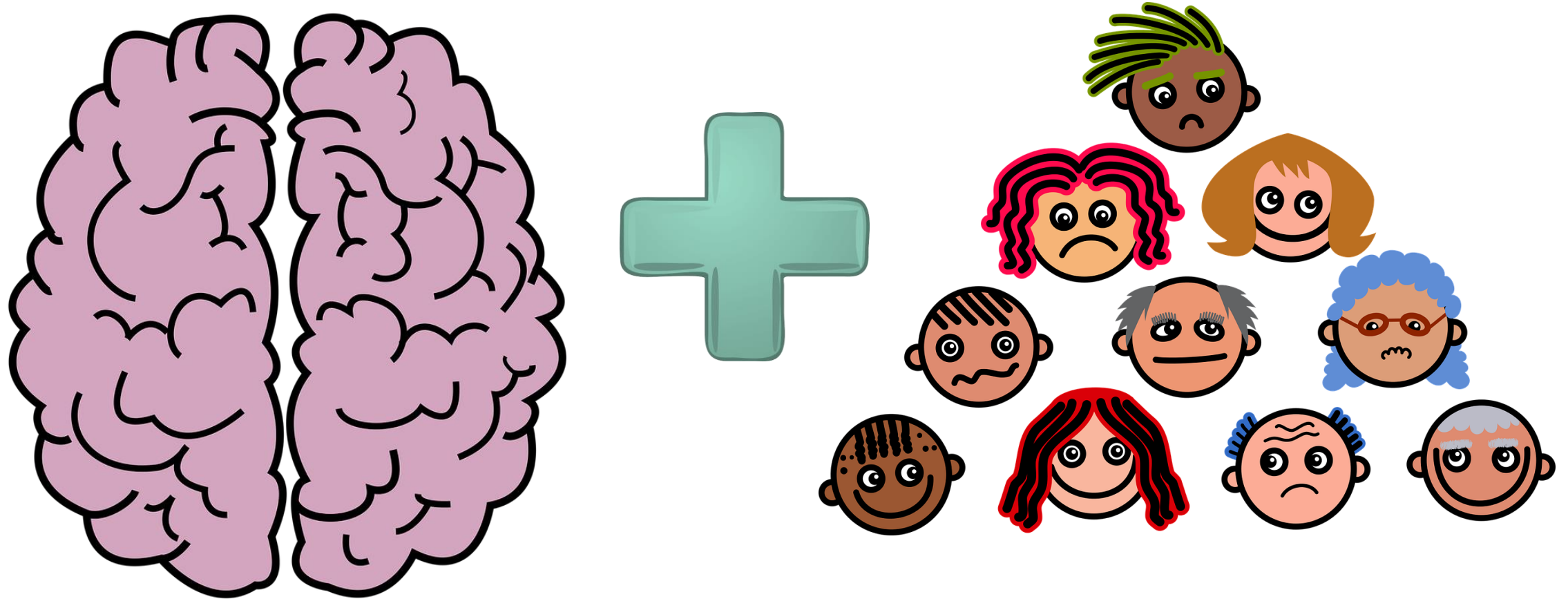




# Music creates community



# Those elements combine





# Music connects us to:

- ▶ Our past
  - We are not alone in history; there have been many others before us who have paved the way, and we stand on their shoulders



Exodus 15

# Music connects us to:

- ▶ Our present
  - We are not alone in our current struggles; we have a shared identity and a common purpose with millions of others right at this moment



Psalm 98:1, 4



# Music connects us to:

- ▶ Our future
  - We are not alone in our hope; we can encourage each other and look forward to a glorious reward



1 Thess. 4:16–18; Revelation 5:11–14

# So why do we sing?

- ▶ God designed music to combine biological, relational, and emotional qualities to help us connect with him and connect with his people