

2022

BEST PRACTICES

*Building a Solid Base
for Your Spiritual Life*

Do You Want a Strong Spiritual Life?

“ My child, if your heart is wise, my own heart will rejoice! Everything in me will celebrate when you speak what is right.”

-Proverbs 23:15-16

BUILDING A SOLID BASE FOR YOUR
SPIRITUAL LIFE

Quiet Time

Word & Prayer

Read Your Bible

“Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do.”

-Joshua 1:8

Read Your Bible

- Medicine -Psalm 19:7

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- Food -Matthew 4:4

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- Light -Psalm 119:105

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- Medicine -Psalm 19:7
- Food -Matthew 4:4
- Light -Psalm 119:105
- Door -1 Peter 1:23-25

Talk To God

“And pray in the Spirit on all occasions
with all kinds of prayers and requests.

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-Ephesians 6:18

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- Thanksgiving (acknowledge goodness)
 - Colossians 3:17

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- Praise (acknowledge greatness)
 - Psalm 146:2
- Thanksgiving (acknowledge goodness)
 - Colossians 3:17
- Lament (vent emotions)
 - Psalm 56:8

Both Worlds

“When we tell you these things, we do not use words that come from human wisdom. Instead, we speak words given to us by the Spirit, using the Spirit’s words to explain spiritual truths.

-1 Corinthians 2:13

Both Worlds

“Tune your ears to wisdom, and concentrate on understanding. Cry out for insight, and ask for understanding. Search for them as you would for silver; seek them like hidden treasure.”

-Proverbs 2:2-4

Both Worlds

“Rise during the night and cry out.

**Pour out your hearts like water to the
Lord.”**

-Lamentations 2:19

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