

**2022**

# **BEST PRACTICES**

*Building a Solid Base  
for Your Spiritual Life*

“For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ.”

-2 Peter 1:8

“But solid food is for the mature, for those who have their powers of discernment trained by constant practice to distinguish good from evil.”

-Hebrews 5:14 ESV

“Be diligent in these matters; give yourself wholly to them, so that everyone can see your progress.”

-1 Timothy 4:15

“Be very careful, then, how you live – not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore do not be foolish, but understand what the Lord’s will is.” -Ephesians 5:15-

**Do You Want a Strong Spiritual Life?**

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**“ Think about the things of heaven, not the things of earth. For you died to this life, and your real life is hidden with Christ in God.”**

**-Colossians 3:2-3 NLT**

## **Do You Want a Strong Spiritual Life?**

**“ His master replied, ‘Well done, good and faithful servant! You have been faithful over a little; I will set you over much. Come and share your master’s happiness.’ -Matthew 25:21**



## **Do You Want a Strong Spiritual Life?**

**“ My son, if your heart is wise, then my heart will be glad; my inmost being will rejoice when your lips speak what is right.”**

**-Proverbs 23:15-16**

**Do You Want a Strong Spiritual Life?**

**“ When the righteous thrive, the people rejoice.”**

**-Proverbs 29:2**

BUILDING A SOLID BASE FOR YOUR  
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# Sabbath

## *Rest and Focus*

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# Quiet Time

## *Word & Prayer*

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# Fellowship

## *Build Relationships*

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# Evangelism

## *Mission & Service*



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