Teaching: Quiet Time Series: 2022 Best Practices – Building a Solid Base For Your Spiritual Life Pastor Rob Gerber 01/16/2022

Do You Want a Strong Spiritual Life?

" My child, if you heart is wise, my own heart will rejoice! Everything in me will celebrate when you speak what is right."

-Proverbs 23:15-16

Read Your Bible

"Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do."

-Joshua 1:8

- Medicine -Psalm 19:7
- Food -Matthew 4:4
- Light -Psalm 119:105
- Door -1 Peter 1:23-25

Talk To God

"And pray in the Spirit on all occasions with all kinds of prayers and requests. ..."

-Ephesians 6:18

- Intercede (for others) Eph. 6:18
- Ask (for yourself) –Luke 11:9
- Praise (acknowledge greatness)

-Psalm 146:2

• Thanksgiving (acknowledge goodness)

-Colossians 3:17

• Lament (vent emotions)

-Psalm 56:8

Both Worlds

"When we tell you these things, we do not use words that come from human wisdom. Instead, we speak words given to us by the Spirit, using the Spirit's words to explain spiritual truths.

-1 Corinthians 2:13

"Tune your ears to wisdom, and concentrate on understanding. Cry out for insight, and ask for understanding. Search for them as you would for silver; seek them like hidden treasure."

-Proverbs 2:2-4

"Rise during the night and cry out. Pour out your hearts like water to the Lord."

-Lamentations 2:19