

Protect your core

“Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place.”

-Ephesians 6:14

Belt of Truth

Belt = Gird your loins

“Be Ready and Able”

-don't get caught with your pants down

-have what you need handy

Belt of Truth

Truth = Know the Truth/Tell the Truth

“See and Speak the Truth”

-value God's word over the world

-value transparency over confidentiality

Breastplate of Righteousness

Breastplate = Corslet

“Protect Your Vital Organs”

Breastplate of Righteousness

Righteousness = Imputed Justification/Right Conduct

“Identify With And Obey Christ”

-Jesus makes me different

-I'll act differently