

Deliverance and Strength

*“In repentance and rest is your
salvation,
in quietness and trust is your strength,
but you would have none of it.*

Isaiah 30:15

In repentance and rest is your salvation...

Repentance: turning back, returning to...

*Rest: motion of coming down --results in a
settled state*

quiet composure, gentle calm

*“Come to me, all you who are weary and burdened, **and I will give you rest.** Take my yoke upon you and learn from me, **for I am gentle and humble in heart, and you will find rest for your souls.** For my yoke is easy and my burden is light.”*

Matthew 11:28-30

...in quietness and trust is your strength...

Quietness: to be at rest, undisturbed,
tranquil

Trust: security, confidence, reliance

but you would have none of it.

You said, 'No, we will flee on horses.'

*Yet the Lord longs to be gracious to you;
therefore he will rise up to show you
compassion.*

For the Lord is a God of justice.

Blessed are all who wait for him!

Isaiah 30:18

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*“In repentance and rest is your salvation,
in quietness and trust is your strength,*

*Yet the Lord longs to be gracious to you;
therefore he will rise up to show you compassion.*

Thank God that he is the source of deliverance, the one we can return to and rest in his grace and compassion.

*“In repentance and rest is your salvation,
in quietness and trust is your strength,*

*Yet the Lord longs to be gracious to you;
therefore he will rise up to show you
compassion.*

**Ask God to help you find your strength in
quietness and trust rather than in your
own competence.**